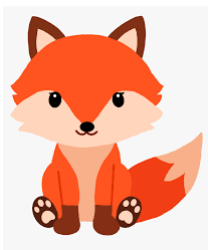


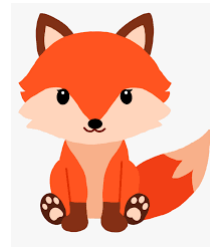
The Public Schools Branch's Healthy Environment Policy requires all employees, students and visitors to abstain from using fragranced products while attending Public Schools Branch functions. We thank you in advance for supporting our policy.

No. 2

October 1, 2023



LM MONTGOMERY ELEMENTARY NEWSLETTER



<https://edu.princeedwardisland.ca/lmmontgomery>

TARA DEGLAN-GALLANT - PRINCIPAL

TELEPHONE: 902-368-4150

PATTI DAVIDSON - VICE-PRINCIPAL

DATES TO REMEMBER

Sept 30 – National Truth & Reconciliation Day
Oct 2 – National Truth & Reconciliation Day (NO SCHOOL due to statutory holiday on Saturday)
Oct 3 – Battery Blitz Month
Oct 3 – Earth Rangers Assembly
Oct 4 – Grade 5 students to Orwell Corner
Oct 6 – Kindergarten students to Wintermoor Orchards
Oct 9 – Thanksgiving Day (NO SCHOOL)
Oct 11 – Cross Country Zone Meet
Oct 18 – Grade 4 & 5/4 to Orwell Corner
Oct 19 – Bus Evacuations
Oct 19 – Grade 6 HPV Vaccinations
Oct 27 – PD Day (NO CLASSES)
Oct 24 – National School Library Day
Oct 31 – Black & Orange Day – donations to support holiday families



COOL WEATHER



Fall weather tends to bring with it a chill in the morning air and the temperatures can be quite crisp. Students who dress properly for the weather with coats, hats and mitts/gloves enjoy being outside more. Please encourage your child(ren) to dress appropriately for the weather conditions at this time of the year. Also, it is a great idea to keep an extra pair of socks, mitts or pants in your child's school bag, so they have them, if needed.

BREAKFAST PROGRAM

The breakfast program is for students who are hungry and require some nutrition to start off their day. We have many students taking part in this, and we are glad to provide this opportunity for students. Please take a few minutes to ask your child if they are accessing this program. It is important that those who need it come.

As with any program, we are conscientious of the demand, funding and time spent out of class. As this program is primarily funded through donation, and if you are in a position to help, please feel to do so. You are more than welcome to send in peanut free snacks (granola bars, block of cheese, yogurt tubes, bananas, oranges, apples, loaf of bread, etc) or send in a monetary donation either with your child or via e-transfer to lmmontgomeryschool2020@gmail.com. Please make sure you put in the message "Breakfast Program Donation". Thank you for your support.

WATER BOTTLES

Please make sure that you send along a water bottle daily for your child. We do not have water bottles in the office to give out.

ORANGE AND BLACK DAY

On Tuesday, October 31st, we will be having our annual "Black and Orange Day". If students and staff wish to participate, a donation of \$1.00 is requested. All funds collected will go towards supporting families in need at Christmas time. Parents are reminded, that **due to the high number of allergies** in our classes and the guidelines with promoting healthy eating, please be cautious if sending a treat with your child. Please make sure that your child has a balanced lunch including fruits & vegetables. Good nutrition helps support great learning. If you would like to contribute something to share, please contact your child's teacher first. Thank you for the cooperation and understanding.



THANK YOU

A sincere and special thank you to Parker Realty for their recent donation of backpacks and sneakers; The Upper Room for their donation towards our breakfast and snack program; and to Corner Stone Baptist Church for their weekly delivery of "food bags" for the weekend. All of these donations and supports are greatly appreciated and helps to ensure our students are able to come to school ready to learn.

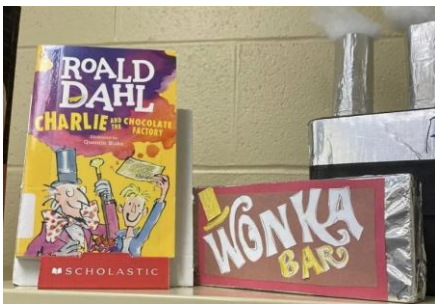


BUS PASSES

As our buses are to capacity, we are unable to provide bus passes for students UNLESS it is for primary child care purposes only. We appreciate parents making their own arrangements for after-school plans. Just a reminder to parents that **if there is a change in your child's after school arrangements, please call the office prior to 2:00pm.**

LIBRARY NEWS

Canadian School Library Day will be celebrated on Monday, October 23rd! Back by popular demand will be our Book Box contest! Students in all grades will be invited to find a small box (tissue paper box, cereal box, shoe box) and transform it into a character or object from a favorite book! Participation in this contest is completely optional; but, if you would like to participate, now is the time to be on the lookout for the perfect box! Entries will be accepted between October 23rd- October 26th. We can't wait to see your bookish creations!



SCHOOL PLAYGROUND & COMMUNITY USE

We love that our playground and green spaces are enjoyed by the community when school is not in. We kindly ask that if you are using the grounds that you treat the equipment and space respectfully. Please take your garbage with you and not leave it on the grounds. If you are walking your dog and your dog requires a bowel movement, please pick up after it and take the "poop bag" with you. We do have a "Nature Space" sectioned off for our kindergarten students. This also includes space in the wooded area. Please be mindful of projects in progress and planting that has taken place as students work hard in this area. When we all respect the shared playground and green space, it makes it a safer and more enjoyable place for all.



HEAD LICE

We have had a few reported cases of head lice. Please be diligent to check your child's hair for nits. If found, please treat. Head Lice Protocol including treatment can be found here –

<https://psb.edu.pe.ca/schools/school-health-and-safety/head-lice-protocol>

AFTER SCHOOL ROUTINES

Parents, please be sure to let your child's teacher know what the arrangements are for after school care. If these arrangements change, a **note or phone call** from you is expected as we simply cannot take the child's word for the change.

SCENT-FREE SCHOOL

Please remember that LM Montgomery is scent-free as per the Public Schools Branch's scent-free policy. All perfumes, colognes and other scented products can cause a significant reaction to those affected and are prohibited in our building.



PUBLIC SCHOOLS BRANCH PEANUT/NUT ALERT



LM Montgomery Elementary needs to be as safe an environment as possible for a number of students who attend school with severe allergies to peanuts, peanut products and other forms of nuts. Due to a number of students with severe allergies to peanuts, peanut products and other forms of nuts, LM Montgomery will continue to be peanut & nut-free. We do this because all students travel throughout the building to specialist classes, assemblies, water filling stations, playground, etc, and the only way to provide the safest environment is to exclude all peanut and other nut products from lunches and snacks. **This means that imitation peanut butter products such as WOW Butter are prohibited as well.**

LM'S LITERACY LOWDOWN

How to bring Literacy into your Halloween fun!



- Bake a pumpkin pie! Following a recipe will help improve reading and math skills.
- Tell some spooky ghost stories! Make up your own or read a spooky story together, like a *Nancy Drew* or *The Hardy Boys* mystery books.
- Sing some Halloween songs together! www.spookyfun.com has some fun Halloween songs and lyrics.
- Carve a pumpkin! Let your child trace a design on the pumpkin and watch to see what they create!

- Research the history of Halloween together and share the spooky things you learn.
- Watch a scary (and kid-friendly) Halloween flick to end the night. *Monsters Inc.*, *Casper the Friendly Ghost* and *It's the Great Pumpkin Charlie Brown* are all family favorites!
- Organize Halloween candy in different ways. Sort candy by shape, size, name, or even candy type, and then trade! This activity helps to reinforce basic math along with association and matching skills (and also slows down the sugar rush)!

COMMUNITY HAPPENINGS

The information provided is for information purposes and is not necessarily sanctioned by the PSB or LMMS.

PEI Home & School News, October 2023

👉 Semi-Meeting - The PEI Home and School Federation's Semi-Annual Meeting will be held on Monday, October 23, 2023, 6:00-8:00 PM at Central Queens Elementary School, 19821 2 Rte, Hunter River, PE C0A 1N0. Light refreshments provided.

"HELP MY CHILD" Panel Discussion topics/speakers will include:

1. **What is Home & School? David Schult**, Former international school teacher and administrator having worked overseas for over 24 years, in seven countries before returning to Canada in 2021, will provide background and context to what Home and School is and does.
2. **COMPASS Student Health Survey! Cody Davenport**, PEI COMPASS Research Project Lead, PEI Chief Public Health Officer, will present student health survey results about their health and health behaviours including sedentary behaviours, physical activity, mental health, healthy eating, substance use, bullying, academic outcomes, and sleep.
3. **Screens in schools: simple ways to maximize the benefits and minimize the harms! Dr. Travis Saunders**, PhD, CSEP CEP, Professional Kinesiologist (he/him), UPEI Associate Professor, Dept. Applied Human Sciences. Screens are an increasingly regular part of the school day bringing both opportunities and challenges for student learning and health. Dr. Saunders will give an overview of research on the ways that schools can maximize the benefits and minimize the harms of screen use in schools.

REGISTER by Oct. 18/23 using the [Online Registration Form](#) linked here:

<https://docs.google.com/forms/d/1jqKPoXSDO1MH9GulZ9Hp3xqXJbtNXtr1dENvPmPmqEM/edit>

👉 What's on your Home and School agenda? Home and School = TEAMWORK Meet with the principal/other school staff in Sept./Oct. to set goals for the 2023-2024 school year.

- Add discussion about collaborative ways to support the school to your agenda
- Add activities and educational topics (e.g., COMPASS Student Health Survey)
- Add Federation monthly news (e.g., Semi-Annual, Oct. 23; Training Wksps, Nov. 6&7)
- Add gov announcements applicable to student learning and supports
- Add fundraising initiatives discussion and determine the purpose

REMEMBER: Everything we (parents and teachers) do is for students' benefit!

👉 Training Workshops for Volunteers - Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 6 - Miscouche Consolidated School, 6:30 – 8:00 PM

Nov. 7 - West Royalty Elementary School, 6:30 – 8:00 PM

All school volunteers are welcome! No cost. Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by Nov. 1st.

👉 Parent Leadership Grants - Funds are available for up to \$500 per Home and School Association to organize **parent educational, leadership** initiatives in your school community. For more information, go to: <https://peihsf.ca/grants/> Questions? Contact the Federation office at: 902-620-3186 / 1-800-916-0664 / peihsf@gov.pe.ca

👉 Follow PEIHSF on Twitter @peihsf and Facebook at: PEI Home and School Federation

4-H PEI – 4H PEI and the Dunstaffnage-Marshfield 4-H Club will soon be accepting registration for the 2023/24 4-H year. 4-H is a powerful youth organization on Prince Edward Island, focused on formal and informal learning which strengthens youth, families and communities. 4-H provides opportunities for young Islanders ages 9- 21 to pursue skill-based projects of their own choosing, participate in travel, win scholarships and Learn to Do By Doing! We offer loads of fun projects from knitting, foods, and seasonal crafts to poultry, dairy, technology and the great outdoors, just to name a few! No experience is necessary. Each year, clubs achieve success by completing components including: member projects, communications, community service and agriculture awareness. To register, go to <https://www.pei4h.ca/member-registration> or email questions to dm4hclub@gmail.com. We hope you can join us!

Boys & Girls Club - We will be offering two Evening Programs for participants aged 5-12. Tuesdays and Thursdays, from 6:00 pm to 8:00pm. Each night, participants will be served a hot meal as part of programming. These programs will run for 12 weeks. On Tuesday nights, we will run Kitchen Quest. Kitchen Quest is a cooking and baking program, designed to build knowledge and confidence in our young chefs! Participants will learn many skills, including how to use kitchen tools, plan, and eat balanced meals! On Thursday nights, we will facilitate Imagination Station. For our curious and creative participants, Imagination Station will explore a variety of arts- painting, sculpting, drama, music, dance, and more!

Registration for Evening Programs is now available on the our [main website](#). There are 20 spots available for each evening; the program cost is \$120 for all twelve weeks (this fee is for 1 night per week). There are also internal scholarships available if funding is a barrier for your participation in the program. Please contact our Office Administrator, Leon, at admin@bgcharlottetown.com for more information.

We also have a few spots remaining for our afterschool program which happens every weekday from 3pm-6pm if you are interested you can find more information [here](#).