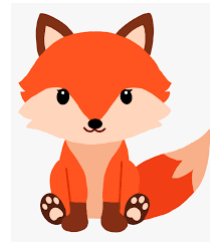


LM MONTGOMERY ELEMENTARY NEWSLETTER



<https://edu.princeedwardisland.ca/lmmontgomery>

TARA DEGLAN-GALLANT - PRINCIPAL

TELEPHONE : 902-368-4150

PATTI DAVIDSON - VICE-PRINCIPAL

DATES TO REMEMBER

- Oct 1st – Grade 4s to Orwell Corner for the day
- Oct 3rd – Grade 1s Apple Picking for the morning
- Oct 14th – Thanksgiving Day (NO SCHOOL)
- Oct 16th – Grade 5s to Orwell Corner for the day
- Oct 29th – Grade 6 HPV Clinic
- Oct 31st – Black & Orange Day (Donation for Holiday families)



COOL WEATHER



Fall weather tends to bring with it a chill in the morning air and the temperatures can be quite crisp. Students who dress properly for the weather with coats, hats and mitts/gloves enjoy being outside more. Please encourage your child(ren) to dress appropriately for the weather conditions at this time of the year. Also, it is a great idea to keep an extra pair of socks, mitts or pants in your child's school bag, so they have them, if needed.

BREAKFAST PROGRAM

The breakfast program is for students who are hungry and require some nutrition to start off their day. We have many students taking part in this, and we are glad to provide this opportunity for students. Please take a few minutes to ask your child if they are accessing this program. It is important that those who need it come.

As with any program, we are conscientious of the demand, funding and time spent out of class. As this program is primarily funded through donation, and if you are in a position to help, please feel to do so. You are more than welcome to send in peanut free snacks, bag of apples, block of cheese, Multigrain Cheerios or send in a monetary donation either with your child or via e-transfer to lmmontgomeryschool2020@gmail.com. Please make sure you put in the message "Breakfast /Snack Program Donation". Thank you for your support.

ORANGE AND BLACK DAY

On Thursday, October 31st, we will be having our annual "Black and Orange Day". If students and staff wish to participate, a donation of \$1.00 is requested. All funds collected will go towards supporting families in need during the holiday season. Parents are reminded, that **due to the high number of allergies** in our classes and the guidelines with promoting healthy eating, please be cautious if sending a treat with your child. Please make sure that your child has a balanced lunch including fruits & vegetables. Good nutrition helps support great learning. If you would like to contribute something to share, please contact your child's teacher first. Thank you for the cooperation and understanding.



THANK YOU – EAST ROYALTY LIONS CLUB & LM COMMUNITY

Saturday, September 27th LM School and the East Royalty Lions Club hosted a pancake breakfast. It was a great turn out and we hope that those who were able to make it enjoyed the morning. Special thank you to the Lions members for setting up, preparing, serving and taking down of this event. We look forward to hosting another in the future.

WATER BOTTLES

Please make sure that you send along a water bottle daily for your child. We do not have water bottles in the office to give out.

SCHOOL PLAYGROUND & COMMUNITY USE

We love that our playground and green spaces are enjoyed by the community when school is not in. We kindly ask that if you are using the grounds that you treat the equipment and space respectfully. Please take your garbage with you and not leave it on the grounds. If you are walking your dog and your dog requires a bowel movement, please pick up after it and take the "poop bag" with you. We do have a "Nature Space" sectioned off for our kindergarten students. This also includes space in the wooded area. Please be mindful of projects in progress and planting that has taken place as students work hard in this area. When we all respect the shared playground and green space, it makes it a safer and more enjoyable place for all.



BUS PASSES

As our buses are to capacity, we are unable to provide bus passes for students UNLESS it is for primary childcare purposes only. We appreciate parents making their own arrangements for after-school plans. Just a reminder to parents that **if there is a change in your child's after school arrangements, please call the office prior to 2:00pm.**

AFTER SCHOOL ROUTINES

Parents, please be sure to let your child's teacher know what the arrangements are for after school care. If these arrangements change, a **note or phone call** from you is expected as we simply cannot take the child's word for the change.

SCENT-FREE SCHOOL

Please remember that LM Montgomery is scent-free as per the Public Schools Branch's scent-free policy. All perfumes, colognes, laundry products and other scented products can cause a significant reaction to those affected and are prohibited in our building. If you or your child enter the building with scented products on, you may be asked to leave and return as soon as you can without the scented product on.



PUBLIC SCHOOLS BRANCH PEANUT/NUT ALERT



LM Montgomery Elementary needs to be as safe an environment as possible for a number of students who attend school with severe allergies to peanuts, peanut products and other forms of nuts. Due to a number of students with severe allergies to peanuts, peanut products and other forms of nuts, LM Montgomery will continue to be peanut & nut-free. We do this because all students travel throughout the building to specialist classes, assemblies, water filling stations, playground, etc, and the only way to provide the safest environment is to exclude all peanut and other nut products from lunches and snacks. **This means that imitation peanut butter products such as WOW Butter and products that state "may contain" are prohibited as well.**

LM'S LITERACY LOWDOWN

How to bring Literacy into your Halloween fun!



- Bake a pumpkin pie! Following a recipe will help improve reading and math skills.
- Tell some spooky ghost stories! Make up your own or read a spooky story together, like a *Nancy Drew* or *The Hardy Boys* mystery books.
- Sing some Halloween songs together! www.spookyfun.com has some fun Halloween songs and lyrics.
- Carve a pumpkin! Let your child trace a design on the pumpkin and watch to see what they create!
- Research the history of Halloween together and share the spooky things you learn.
- Watch a scary (and kid-friendly) Halloween flick to end the night. *Monsters Inc.*, *Casper the Friendly Ghost* and *It's the Great Pumpkin Charlie Brown* are all family favorites!
- Organize Halloween candy in different ways. Sort candy by shape, size, name, or even candy type, and then trade! This activity helps to reinforce basic math along with association and matching skills (and also slows down the sugar rush)!

COMMUNITY HAPPENINGS

The information provided is for information purposes and is not necessarily sanctioned by the PSB or LMMS.

PEI Home and School News, October 2024

Register for Semi-Annual Meeting - The P.E.I. Home and School Federation's Semi-Annual Meeting will be held on Mon., Oct. 21, 2024, 6-8 pm at Central Queens Elementary School, Hunter River. Topics & Speakers are:

STUDENT HEALTH SURVEY PLANS:

- * Cody Davenport, *COMPASS* program surveys grades 7-12 students; will share survey results and plans for the 2024-2025 school year.

SCHOOL BREAKFAST PROGRAMS & FOOD SAFETY SUPPORTS:

- * Courtney Shaffer, Inspector = What are Food Safety guidelines/supports for school food programs?
- *Samantha Dougay, Dietitian = What's in a healthy breakfast menu?
- * Heather Walker, Spring Park = This is how our breakfast program works.
- *David Schult for Sterling Carruthers = Education and Early Years funding for school breakfast and snack programs

REGISTER by Oct. 16/24 at: <https://forms.gle/tbamHFKUu8ebi4fv9>

Training Workshops for Volunteers - Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 4 – Eilerslie Consolidated School, 6:30 – 8:00 pm

Nov. 5 – Eliot River Elementary School, 6:30 – 8:00 pm

Guidance for executive positions (i.e., President, Co/Vice President, Secretary); Bookkeeping tips for Treasurers and general information for all volunteers. No cost. Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by **Oct. 30.**

Crossing Guard Recognition Award - Awards recognize deserving individuals in school communities. The P.E.I. Home and School Federation Crossing Guard Award celebrates individuals who help keep students safe every school day. Nominations are due **Nov. 1.** Find the application at: <https://peihsf.ca/Crossing-Guard-Award>.

Parent Leadership Grants - Funds available for up to \$500 for Home and Schools to organize parent educational information sessions. Invite speakers to address topics of interest to your school community (i.e., Mental Wellness, Student Well Being Teams, Cyberbullying Awareness, School Food Programs, Proper Use of Cell Phones). Submission deadline: **Nov. 8.** PL Grant online: <https://peihsf.ca/grants/>

PSB Public meetings: Charlottetown Family of Schools study - The Board of Trustees is now engaging with the Charlottetown school community and stakeholders to receive feedback on the recommendations contained in the report. To review the report, [visit the Public Schools Branch's website](#). Share your feedback by emailing psb-schoolreview@edu.pe.ca

using "Charlottetown Family of Schools" in the subject line by Oct. 18/24. Share input by attending a public meeting: Oct. 1, 6:30 pm, Spring Park Elementary; Oct. 8, 2024, 6:30 pm, Charlottetown Rural High School; Oct. 10, 2024, 6:30 pm, Birchwood Intermediate School.

PEI's Auditor General's Report: Healthiness of Food in Schools, Sept. 18/24

- READ: [The auditor general's full report on nutrition in P.E.I. schools](#)
- LISTEN: <https://www.youtube.com/watch?v=Ff1oHBRaDIU>

Education and Economic Development: Public Schools Branch Staffing Presentation, Sept. 19/24

- READ: [https://docs.assembly.pe.ca/PSB Staffing](https://docs.assembly.pe.ca/PSB_Staffing)
- LISTEN: <https://www.youtube.com/watch?v=Ff1oHBRaDIU>

4H Club - A new 4H year will be starting soon for the Dunstaffnage-Marshfield 4H club and we would love to have you join us! 4-H is one of Canada's largest and longest-standing youth organizations where young people to "Learn to Do by Doing." Through hands-on learning, skill development, and community mentorship, 4-H empowers youth to become confident, responsible, and compassionate leaders. If you are between 9-21 years of age and are interested in joining or would just like to know more, please email us at dm4hclub@gmail.com. Deadline to register will be mid-November.

START2FINISH - [Start2Finish](#), is a not-for-profit organization dedicated to providing ongoing educational support through our learning after-school programs. Our mission is to enhance students' Reading Literacy by reinforcing foundational reading skills, as well as their Health Literacy through engaging in fitness activities that support physical well-being. Additionally, we focus on Cultural Literacy by integrating social-emotional learning themes with culturally diverse stories and books selected with the concept of [Mirrors and Windows](#). We are excited to invite students from your school community to participate in one of our virtual programs:

- Brainworx for students in grades 1-6
- Junior Coach program for students in grades 7 & 8.

Our programming, designed by educators and fitness experts, is tailored to integrate social-emotional learning with a rich variety of literature that reflects different cultural perspectives. Both programs are led by trained volunteers and are offered at NO COST to families. Registration is completely free, and [families can sign up directly with us](#).

[REGISTER AT: BRAINWORX.START2FINISHONLINE.ORG](https://www.start2finishonline.org)

KidProofPEI Course - Is your child ready to make some money? If so, increasing their babysitting safety skills creates a confident and well prepared popular babysitter! Visit <https://www.kidproofpei.com/kid-proof-pei> to register your child today for the Babysitter Training Course on October 5 from 9am-4pm located at 14 Campbell Rd Charlottetown

BDG (formerly Boys and Girls Club) - BGC Charlottetown (formerly the Boys and Girls Club) is proud to expand its programming to support the middle school and high school population of Charlottetown. The Youth Engagement Team is working hard to create a dynamic and interactive batch of programs that align with our mission to provide safe, supportive places where children and youth can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life. Key components of our Youth Engagement Initiative are as follows:

- Mental Well-being: Supportive spaces, where youth can create positive relationships with peers and staff, as well as programs designed to explore mental health.
- Physical Well-being: Integrating physical activity through sports, fitness challenges, and wellness activities such as yoga and nutrition education. Additionally, we provide food support in the form of snacks and hot meals for participants.
- Academic Success: Personalized academic support in the form of homework help and goal-setting. Providing access to technology.
- Personal Development: Our programs foster self-awareness, self-exploration, leadership skills, and career exploration.

The Youth Engagement Team strives to meet the unique needs of each group they interact with, adapting programs to fit participant interests, abilities, and goals. BGC Charlottetown would love to rent space in your school to offer this program! If you are interested contact our Youth Engagement Coordinator, Aileen at aileen@bgcharlottetown.com.

BGC Charlottetown

Charlottetown: 35 St. Peter's Rd, Charlottetown, PE, C1A 5N1
(902)892-2223 | www.bgcharlottetown.com

Biathlon & Cross-Country Skiing Programs for Youth - If you are looking for a fun outdoor activity for your kids to participate in this winter, Nordic Sports PEI (formerly Biathlon PEI and Cross Country PEI) offers two excellent programs at the Nordic Centre at the Mark Arendz Provincial Ski Park, Brookvale.

Learn to Ski Program - The Learn to Ski Program provides children aged 6-9 years the opportunity to learn the basic skills of classic cross-country skiing from former Canada Games coaches John and Anne Keuper. This program is held on Saturday mornings from 10-12 am from January to March. Space in the program is limited so don't wait to register. Equipment needed: Classic cross-country ski equipment. Rental equipment is available from the Brookvale Bears Biathlon Club (on first come/served basis) or from the Mark Arendz Provincial Ski Park. Program fees: \$55 plus rentals (if required, \$30).

Online registration with Nordic Sports PEI is also required for insurance purposes at a cost of \$20 for the year. Program fees include a season's pass to the Nordic trails at the Mark Arendz Provincial Ski Park at Brookvale.

Biathlon Bears Program - The Biathlon Bears Program gives children aged 8-14 the opportunity to learn the basic skills of biathlon (marksmanship and skate skiing) as they progress through 3 levels of the program. Sessions are held twice weekly (Wednesdays 6-7:30 pm and Sundays 12-2:00 pm) and runs from January to March. There are also additional summer and fall activities offered.

Equipment Needed: Air rifles (provided during practices for use by participants) and skate ski equipment. Ski rentals are available on first come/served basis from the Brookvale Bears Biathlon Club. Program fees: \$125 plus ski rentals (if required, \$75).

Online registration with Nordic Sports PEI is also required for insurance purposes at a cost of \$20 for the year. Program fees include a season's pass to the Nordic trails at the Mark Arendz Provincial Ski Park at Brookvale.

If you are interested in enrolling your child in one of these programs please contact the program manager (Brad Haltli, brad.haltli@nordicsportspei.ca) with the following information:

- 1) program you are interested in,
- 2) child's name, and
- 3) child's age and online registration information will be provided.

Gear fitting for these programs will be held on Sunday, December 8th at the Brookvale Nordic lodge of the Mark Arendz Provincial Ski Park from 12:00- 4:00 PM. Space in the program is limited so please register early

COME TRY DANCE CLASSES YOUR FIRST WEEK FREE!

CLASSES FOR ALL AGES!

- HIP HOP
- CONTEMPORARY
- BALLET
- STEP DANCE
- MUSICAL THEATRE

Register on our
www.revolutiondance

REVOLUTION

DANCE STUDIO

5 THOMPSON DRIVE,