The Public Schools Branch's Healthy Environment Policy requires all employees, students and visitors to abstain from using fragranced products while attending Public Schools Branch functions. We thank you in advance for supporting our policy.

No. 2 October 1, 2025



LM MONTGOMERY ELEMENTARY NEWSLETTER



https://edu.princeedwardisland.ca/lmmontgomery

TARA DEGLAN-GALLANT - PRINCIPAL

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NATASHA BROMLEY - VICE-PRINCIPAL

DATES TO REMEMBER

Oct 3 – H&S Movie Night (6:30)

Oct 10 - PD DAY (NO CLASSES)

Oct 13 – Thanksgiving Day (NO SCHOOL)

Oct 22 - Take Me Outside Day

Oct 27 – National School Library Day

Oct 31- Wear Black and Orange- Fundraiser for Holiday Families



COOLER WEATHER



Fall weather tends to bring with it a chill in the morning air and the temperatures can be quite crisp. Students who dress properly for the weather with coats, hats and mitts/gloves enjoy being outside more. Please encourage your child(ren) to dress appropriately for the weather conditions at this time of the year. Also, it is a great idea to keep an extra pair of socks, mitts or pants in your child's school bag, so they have them, if needed.

HOT LUNCH PROGRAM

Our Hot Lunch program is evolving! You will now be able to order 4-weeks' worth of lunches and milk for your child(ren) instead of only 1 week at a time. **Payment will still be due on the Friday before that week starts**. If your order is unpaid on Thursday afternoon, I will send a courtesy email stating you have an outstanding balance. All unpaid orders will **NOT** be ordered from our vendors and therefore your child will need an alternative lunch arrangement.

If your child has a lunch ordered but is not in attendance (home sick, out for an appointment, etc) it will be the parents/guardians' responsibility to phone the office to either have the lunch sent home with a sibling OR to keep in the kitchen for your child's lunch the following day.

Please note: If your child does not have lunch, we will phone home and ask that food is brought for them.

If you need help with your hot lunch account or ordering, please phone the office between 11:30am and 4:00pm and Ms. Kaitlyn will assist you.



BREAKFAST PROGRAM

The breakfast program is up and running for students who are hungry and require some nutrition to start off their day. We have many students taking part in this, and we are glad to provide this opportunity for students. Please take a few minutes to ask your child if they are accessing this program. It is important that those who need it come.

As with any program, we are conscientious of the demand, funding and time spent out of class. As this program is primarily funded through donation, and if you can help, please feel like

doing so. You are more than welcome to send in peanut free granola bars, snacks, cereal, cheese, fruit or send in a monetary donation either with your child or via e-transfer to lmmontgomeryschool2020@gmail.com. Please make sure you put in the message "Breakfast Program Donation".



WATER BOTTLES AND CUTLERY

Please make sure that you send along a water bottle and cutlery daily for your child. We do not have these items on hand to give out to students so it's very important they remember their own from home. Please do not send in any glass water bottles.

ICE CREAM SANDWICH DAYS

Our ice cream sandwich days are back! Mark your calendars as our first day will be October 17th! These will take place every 2nd Friday and can be ordered through the hot lunch website. Each ice cream sandwich will cost \$2. All funds raised from Ice cream Sandwich days will go directly back to the school.

If you need help ordering, please contact Ms. Kaitlyn at the office between 11:30am-4:00pm.

TERRY FOX FUNDRAISER

Wow! LM Foxes are amazing fundraisers! This year our total fundraiser to go towards Cancer research in Terry Fox's memory is... \$868!



ORANGE AND BLACK DAY



On Friday, October 31st, we will be having our annual "Black and Orange Day". If students and staff wish to participate, a donation of \$1.00 is requested. All funds collected will go towards supporting families in need at Christmas time. Please make sure that your child has a balanced lunch including fruit & vegetables. Good nutrition helps support great learning. If you would like to contribute something to share, please contact your child's teacher first. Parents are reminded that **due to the high number of allergies** in our classes and the guidelines promoting healthy eating, please enjoy the Halloween treats at home. Thank you for your cooperation and understanding!

HOME AND SCHOOL-MOVIE NIGHT RESCHEDULED

Due to weather our Home and School Movie Night will be rescheduled for Friday, October $3^{\rm rd}$.

LM Montgomery Home and School Association would like to welcome our families back to school with a FREE outdoor movie night on Friday, October 3rd! We will be showing How to Train Your Dragon (2025). Access to the grounds will be available at 6:30 pm and the movie will start at 7:15 pm. Feel free to bring your favorite movie snacks, but please remember to keep them nut-free. For everyone to have the best possible experience, please ensure to remain attentive to your children during this event. We look forward to seeing you!





BUS PASSES AND AFTER SCHOOL PLANS

As our buses are to capacity, we are unable to provide bus passes for students UNLESS it is for primary childcare purposes only. We appreciate parents making their own arrangements for afterschool plans. Just a reminder to parents that if there is a change in your child's after school arrangements, please call the office prior to 2:00pm.

SCENT-FREE SCHOOL

Please remember that LM Montgomery is scent-free as per the Public Schools Branch's scent-free policy. All perfumes, colognes and other scented products can cause a significant reaction to those affected and are prohibited in our building.

PUBLIC SCHOOLS BRANCH PEANUT/NUT ALERT



LM Montgomery Elementary needs to be as safe an environment as possible for a number of students who attend school with severe allergies to peanuts, peanut products and other forms of nuts. Due to a number of students with severe allergies to peanuts, peanut products and other forms of nuts, LM Montgomery will continue to be peanut & nut-free. We do this because all students travel throughout

the building to specialist classes, assemblies, water filling stations, playground, etc, and the only way to provide the safest environment is to exclude all peanut and other nut products from lunches and snacks. This means that imitation peanut butter products such as WOW Butter are prohibited as well.

LM'S LITERACY LOWDOWN

How to bring Literacy into your Halloween fun!



- Bake a pumpkin pie! Following a recipe will help improve reading and math skills.
- Tell some spooky ghost stories! Make up your own or read a spooky story together, like a *Nancy Drew* or *The Hardy Boys* mystery books.
- Sing some Halloween songs together! <u>www.spookyfun.com</u> has some fun Halloween songs and lyrics.
- Carve a pumpkin! Let your child trace a design on the pumpkin and watch to see what they create!
- Research the history of Halloween together and share the spooky things you learn.
- Watch a scary (and kid-friendly) Halloween flick to end the night. *Monsters Inc.*, *Casper the Friendly Ghost* and *It's the Great Pumpkin Charlie Brown* are all family favorites!
- Organize Halloween candy in different ways. Sort candy by shape, size, name, or even candy type, and then trade! This activity helps to reinforce basic math along with association and matching skills (and also slows down the sugar rush)!

COMMUNITY HAPPENINGS

The information provided is for information purposes and is not necessarily sanctioned by the PSB or LMMS.

KidProofPEI

KidproofPEI wishes returning students a fun and safe 2025/26 school year!

Please join us on September 30th 9am-4pm located at 14 Campbell Rd Charlottetown for a 7 hour Babysitting Training Course.

Parents must pre-register and for more information please visit https://www.kidproofpei.com/kid

Kidproof
Knowledge is the key

2025 School BBY Ad.png

Dunstaffnage - Marshfield 4-H Club



It's that time of year again! The 4-H PEI Clubs are gearing up to welcome both new and returning members and volunteers for the upcoming 4-H year.

Have you ever considered becoming a 4-H'er, volunteering as a leader, or even starting a club within your community? We would love to hear from you!

Through hands-on learning, skill development, and community mentorship, 4-H empowers youth to become confident, responsible, and compassionate leaders. If you are between 9-21 years of age and are interested in joining or would just like to know more, please feel free to contact Mary Jane MacPhee at pei4hprograms@gmail.com

Don't miss your chance to get active, have fun, and be part of our community programs this fall!

Youth Programs:Basketball – Boys (Grades 1-4) | Girls (Grades 1-6)

First Tee Atlantic Golf Program – Grades 4-6

Intro to Sports – Kindergarten to Grade 2

₱ PLAE Multi-Sport Level #1 – Ages 3-5

You can register online at

https://app.univerusrec.com/charlottetownpub/ or by calling the Parks and Recreation Department at 902-368-1025 or in person at City Hall – 199 Queen Street.



For full program details, please check out our online program brochure: <u>Program Brochure - City of Charlottetown</u>



Start2Finish, is a not-for-profit organization dedicated to providing ongoing educational support through our learning after-school programs.

Our mission is to enhance students' Reading Literacy by reinforcing foundational reading skills, as well as their Health Literacy through engaging in fitness activities that support physical well-being.

Additionally, we focus on Cultural Literacy by integrating social-emotional learning themes with culturally diverse stories and books selected with the concept of Mirrors and Windows.

We are excited to invite students from your school community to participate in our virtual programs: Brainworx for students in grades 1-6

Junior Coach program for students in grades 7 & 8.

Our programming, designed by educators and fitness experts, is tailored to integrate social-emotional learning with a rich variety of literature that reflects different cultural perspectives. They are reviewed yearly to ensure relevance.

Both programs are led by trained volunteers and are offered at NO COST to families.

Registration is completely free, and families can sign up directly with us.

Attached are our posters with more details.

I am available if you have any questions!

Luce Paradis

Community Partnerships Liaison

Start2Finish

www.start2finishonline.org