



TRIPLE P



Is a free parenting program offered by trained and accredited practitioners who provide tools and strategies that fit the needs of you and your family.

Triple P has a positive parenting approach that can help!

How can Triple P help you?

- Manage challenging behavior.
- Encourage positive behavior.
- Increase confidence as a parent.
- Maintain realistic expectations.
- Take care of yourself..



Who is eligible to access the Triple P Parenting Program?

Anyone who is seeking support in caring for a child aged 0 – 18 years. This could include parents, alternate caregivers or guardians, grandparents, foster parents, etc.

The program is offered in four different ways:

- The practitioner sets dates and times for sessions and advertises to parents/families.
- Anyone can sign up for Triple P, you will be scheduled based on programming demand.
- The practitioner will work one-on-one with a family based on a mutually agreed schedule.
- On-line (certain programs) anytime at: **PrinceEdwardIsland.ca/en/TripleP**

Contact Information

Telephone: 902-368-6762

Email: triplep@gov.pe.ca



Scan for website

For more information visit

PrinceEdwardIsland.ca/en/TripleP

